These particles **travel** into the **lungs**, where they **impair** **breath**ing and increase the **risk** of **serious** **illness**. **Escap**ing this **pollute**d air for the country **mean**s better breathing and better **protection** against **chronic** conditions like **asthma** and **heart** disease.

**Travel** Move Go/went/gone

**Lungs** Pulmonary

**Impair** Harm Damage Reduce

**Breathe** Respire Inhale Exhale Take breaths

**Risk** Danger Hazard Threat

**Serious** Severe Terrible Grave

**Illness**  Disease Infection Sickness Ailment Condition Complaint Disorder

**Escape** Evade Avoid

**Pollute** Contaminate

**Mean**/meant Indicate Suggest Stand for Signify

**Protection**  Defense Safeguard

**Chronic**  Lasting Persistent

**Asthma** Chronic diseases Cancer

**Heart** diseases Cardiovascular Heart attack Hypertension Stroke

**Ordering - Fast-food Restaurants**

You’re out of salt packets/tissue. /   
The tables are dirty! /

Can you wipe a table down! / That’s not what I ordered!

I’ve been waiting for ever! / I need an extra plate/tray. /ashtray

This tastes/smells awful/bad!

The restroom isn’t clean! / The cola is flat!