

These particles **travel** into the **lungs**, where they **impair breathing** and increase the **risk** of **serious illness**. **Escaping** this **polluted** air for the country **means** better breathing and better **protection** against **chronic** conditions like **asthma** and **heart** disease.

Travel Move Go/went/gone

Lungs Pulmonary

Impair Harm Damage Reduce

Breathe Respire Inhale Exhale Take breaths

Risk Danger Hazard Threat

Serious Severe Terrible Grave

Illness Disease Infection Sickness Ailment Condition Complaint Disorder

Escape Evade Avoid

Pollute Contaminate

Mean/meant Indicate Suggest Stand for
Signify

Protection Defense Safeguard

Chronic Lasting Persistent

Asthma Chronic diseases Cancer

Heart diseases Cardiovascular Heart attack
Hypertension Stroke

Ordering - Fast-food Restaurants

You're out of salt packets/tissue. /

The tables are dirty! /

Can you wipe a table down! / That's
not what I ordered!

I've been waiting for ever! / I need an
extra plate/tray. /ashtray

This tastes/smells awful/bad!

The restroom isn't clean! / The cola is
flat!